



**BASIC LIFE SUPPORT**

**PROVIDER COURSE**

**PROVIDED BY:  
THE CAARE HEALTH ACADEMY**

**CONTACT US: [CAARE@CAAREHEALTH.COM](mailto:CAARE@CAAREHEALTH.COM)**



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## **WELCOME TO THE BASIC LIFE SUPPORT (BLS) COURSE**

PLEASE PLAN TO BE ON TIME. STUDENTS ARE EXPECTED TO ATTEND AND PARTICIPATE IN THE *ENTIRE COURSE*. LATE STUDENTS MAY BE REQUIRED TO RESCHEDULE.

### HOW TO GET READY

THE BLS COURSE IS DESIGNED TO TEACH YOU TO PROMPTLY RECOGNIZE SEVERAL LIFE-THREATENING EMERGENCIES, GIVE HIGH-QUALITY CHEST COMPRESSIONS, DELIVER APPROPRIATE VENTILATIONS AND PROVIDE EARLY USE OF AN AED EITHER IN-HOSPITAL OR OUT-OF-HOSPITAL SETTING. YOU WILL NEED TO PREPARE FOR THE COURSE BEFOREHAND.

### PRECOURSE REQUIREMENTS

#### PREPARE FOR THE COURSE BY DOING THE FOLLOWING:

1. REVIEW AND UNDERSTAND THE INFORMATION IN YOUR 2020 BLS PROVIDER MANUAL.
2. REVIEW AND UNDERSTAND THE INFORMATION IN THE BLS FOR HEALTHCARE PROVIDERS MANUAL. YOU WILL BE TESTED HOW TO DO CPR, USE AN AED, CHILD AND INFANT 1 & 2 RESCUER CPR AND AED SKILLS AT THE BEGINNING OF THE BLS PROVIDER COURSE. \*\*\*\*\*
3. PLEASE BRING A COPY OF YOUR CURRENT BLS CARD WITH YOU TO CLASS. (IF APPLICABLE)

### WHAT TO BRING AND WHAT TO WEAR

BRING YOUR BLS PROVIDER MANUAL TO CLASS. THE EXAM IS OPEN BOOK. YOU CAN BORROW A BLS STUDENT MANUAL FROM YOUR COURSE INSTRUCTOR. PLEASE NOTIFY OF THIS NEED WELL IN ADVANCE.

PLEASE DRESS COMFORTABLY. YOU WILL BE PRACTICING SKILLS THAT REQUIRE BENDING, STANDING, AND LIFTING. IF YOU HAVE A PHYSICAL CONDITION THAT MIGHT PREVENT YOU FROM ENGAGING IN THESE ACTIVITIES, PLEASE TELL AN INSTRUCTOR.

### **IF YOU HAVE QUESTIONS ABOUT THE COURSE, PLEASE CONTACT:**

**STACIE RICE @ 404-287-2565**

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